

# Announcements

**River of Grass New Mailing Address** - We opened our post office box and are forwarding all of our mail there now. Sandy will still continue to check for mail at our State Road 84 building as long as it is possible. Our new mailing address is listed on our website as a footer on each page and in the [contact us page](#) if you need to look it up.

**River of Grass UU Congregation, 3225 N Hiatus Rd, Unit 452485, Sunrise, Florida 33345**

**Summer Children's Virtual Fellowship at 12:30 pm** – Children and parents: **Come join us at 12:30 pm this Sunday, Jul 19<sup>th</sup>**, for the Summer Fun at the Zoo virtual children's fellowship. This week: **All Around the Zoo**. There are a lot of things for us to still see at the Smithsonian's National Zoo in Washington D.C., where our children have been hanging each Sunday since June. We'll be talking a virtual stroll around the grounds, seeing where these creatures live, and learning what they eat (they have a special zoo chef!) and what they like to do for fun – which is important for animals, too. We'll play our own games that will build our observation skills and show us how to be a better friend to all animals. Faith Development's Summer Fun at the Zoo celebrates our 7<sup>th</sup> Unitarian Universalist Principle: to respect and protect all living things and our earth. Faith Development's Summer Fun at the Zoo

The program is offered every Sunday through Jul 26<sup>th</sup> via Zoom, and requires a password. Look for an email from Diane Lade, Summer Fellowship Coordinator, or reach out to her at [FaithDevelopment@RiverofGrassUU.org](mailto:FaithDevelopment@RiverofGrassUU.org).

**UU Miami's Webcast of music by UU, Cuban, and Afro-American composers today, Sunday, Jul 19<sup>th</sup> at 4:00 pm** - River of Grass members have been invited by UU Miami's Pianist, Dr. Joseph Talleda, for a 50-minute recital of piano music web-streamed from the Unitarian Universalist Congregation of Miami. The selections will consist of contemporary sacred piano solos by UU composers, some compositions by Cuban composer Ernesto Lecuona, and a group of compositions by popular and semi-popular Afro-American composers, **with an arrangement by River of Grass's own Brenda Parker**. This event will be live streamed on [UUMiami's YouTube page](#) this Sunday, July 19<sup>th</sup>, at 4:00 PM (look for the LIVE stream).

**Young Adults are meeting every Sunday at 6:30 pm virtually on Zoom** – Millennials, Gen Xers, and Gen Zs, are welcome to tune in to the YUUng Adult Virtual Coffee Hour on **Sunday, Jul 19<sup>th</sup> at 6:30 pm**. Our purpose is to foster an inclusive, diverse and intentional community that inspires spiritual growth and connection. Please email [youngadults@riverofgrassuu.org](mailto:youngadults@riverofgrassuu.org) if you have any questions and to obtain the zoom details.

**Birthdays - It's your birthday!** ... “Happy Birthday to you, that's how we celebrate à la UU ... because you're special and we know it, virtual hugs and best wishes to YOU!

It's our intention to come together and connect with our UU families, -on the first Sunday of each month-, as we celebrate a special moment in our lives, by mentioning the day you were born! Please, expect a call, text, and/or email from the Membership Committee to ask for your permission. Thank you! Email [Birthday@riverofgrassuu.org](mailto:Birthday@riverofgrassuu.org) for more information.

**Member Info Update and Emergency Contacts Requested** - Rev Amy and Caring Team ask all members to provide an emergency contact and update their personal information using the link below. Alternatively, you can email your info to [office@riverofgrassuu.org](mailto:office@riverofgrassuu.org).

**Click Here** → [Member Contact Information Update Form](#) ← **Click Here**

While this data is optional, having an emergency contact is important especially when we are not able to reach a member in poor health who doesn't have family in the area. Moreover, hurricane season and pandemic concerns make this data even more vital. The emergency contact information will only be available to Rev Amy, our Office Administrator and our Caring Team leaders. Rev Amy and Caring Team asks all members to **respond to this data call by Jul 30<sup>th</sup>**. Negative responses requested. If you have any ?s, email [caring@riverofgrassuu.org](mailto:caring@riverofgrassuu.org).

### **Additional Mindfulness Offerings for the Summer:**

Free "Mindfulness for Families and Children" weekly online sessions:

- Thursdays 5:00 - 5:15 pm for families & children of all ages; [Zoom link for 5pm](#)

Free "Mindfulness for Today's World" weekly online sessions:

- Thursdays 6:00 - 7:00 pm for adults; [Zoom link for 6pm](#)

For more infor contact [Carolyn@InsightInstituteLLC.com](mailto:Carolyn@InsightInstituteLLC.com) or [Scott@InsightInstituteLLC.com](mailto:Scott@InsightInstituteLLC.com), or visit <https://www.insightinstitute.com>

**Move team update** - Our volunteers do so much at River of Grass! While you were helping out did you bring any items home that belong to River of Grass? **Did you take home linens or towels to clean? Did you borrow a table or any folding chairs?** Please try to make arrangements to drop them off at River of Grass. You can leave laundered items at the front door and Janet or Ken will bring them inside for you. Contact-less drop off! Or if it is larger items like tables or chairs, coordinate a time and they can leave the back door propped open for you to bring them in by the storage room and they will keep distance from the area for safety. Send them an email at [Move@riverofgrassuu.org](mailto:Move@riverofgrassuu.org) to work out all the details. Make sure to have your facemask with you if you plan to enter the building. Thank you for helping to have all of our items together so the movers can take everything to storage.

**Flowing River Sangha** – We meet every Tuesday at 7:00 pm. Our next gathering will be on Tuesday, Jul 21<sup>st</sup> via zoom. <https://zoom.us/j/201911385>. We will meet from 7:00 - 8:30 pm. This is an open-ended, drop-in group for all levels of meditation experience. Gary Gonzalez [meditation@riverofgrassuu.org](mailto:meditation@riverofgrassuu.org).

**Faith Development – Parents Having Coffee Online** - Parents will join together to share their woes, joys and ahas in a Zoom Room on **Saturday morning, Jul 25<sup>th</sup> at 10:00 am**. Look for an email from Karen Gonzalez [religiouseducator@riverofgrassuu.org](mailto:religiouseducator@riverofgrassuu.org).

**August Book Discussion** - Join us each Saturday in August for a discussion on the book *White Fragility - why it's so hard for white people to talk about racism* by Robin Diangelo. The book will be available through the [UUA bookstore, Inspirit](#) and you may also be able to get it at the library (I believe there is a long wait). We'll meet beginning Aug 1<sup>st</sup> at 3:00 pm and cover as many chapters as we can each week. Contact Karen Gonzalez at [uugonzo1@gmail.com](mailto:uugonzo1@gmail.com) to sign

up for the Zoom link (or sign up in our [Facebook event](#)).

**Congregational Quarantine Karaoke!** - Have you ever wondered how much fun doing Quarantine Karaoke with other UU's would be? ALL of River of Grass is invited to join the YUUnG adults for Quarantine Karaoke on **Aug 1<sup>st</sup> at 7:00 pm**. Pick some songs from YouTube, and invite your friends. Please email [youngsadults@riverofgrassuu.org](mailto:youngsadults@riverofgrassuu.org) for Zoom details. Come ready to sing, have fun, and even just "be the audience" if you prefer not to sing.

**Electronic Recycling:** River of Grass is no longer accepting electronic items for recycling. Please continue to dispose of your printers, monitors, cables, spent batteries and other electronic items properly through your neighborhood or county recycling program. For Broward County locations and times, Click [Here](#).

**Faith Forward Inquirers Series will be back in September. The Series will meet on Wednesdays from 7:30 - 8:30 pm on Zoom.** Faith Forward Inquirers Series is a rotation of seven conversations about our congregation and Unitarian Universalism. The series is designed for visitors and newcomers who are looking for a general introduction, and yet the sessions are also appealing to veteran members who want more information about our beloved community. New members and inquirers are encouraged to attend. Classes are not mandatory for membership but are highly recommended! For more information, email Zena Tucker, [membership@riverofgrassuu.org](mailto:membership@riverofgrassuu.org). Zoom link for our sessions is: [ZOOM Link for RoG Inquirers](#).

| Date     | Time           | Event  |
|----------|----------------|--|
| 9/2/20   | 7:30 - 8:30 pm | FF Inquirers#1: Q&A with Minister                                      |
| 9/9/20   | 7:30 - 8:30 pm | FF Inquirers#2: Unitarian Universalist History, Principles and Sources |
| 9/16/20  | 7:30 - 8:30 pm | FF Inquirers#4: Faith Development for Children and Adults              |
| 9/23/20  | 7:30 - 8:30 pm | FF Inquirers#5: Worship & Liturgical Year                              |
| 9/30/20  | 7:30 - 8:30 pm | FF Inquirers#6: Social Action & Community Service                      |
| 10/7/20  | 7:30 - 8:30 pm | FF Inquirers#7: Pastoral Care and Small Groups                         |
| 10/14/20 | 7:30 - 8:30 pm | FF Inquirers#8: Membership 101 & Congregational Life                   |
| 10/21/20 | 7:30 - 8:30 pm | FF Inquirers#1: Q&A with Minister                                      |
| 10/28/20 | 7:30 - 8:30 pm | FF Inquirers#2: Unitarian Universalist History, Principles and Sources |
| 11/4/20  | 7:30 - 8:30 pm | FF Inquirers#4: Faith Development for Children and Adults              |
| 11/11/20 | 7:30 - 8:30 pm | FF Inquirers#5: Worship & Liturgical Year                              |
| 11/18/20 | 7:30 - 8:30 pm | FF Inquirers#6: Social Action & Community Service                      |
| 12/2/20  | 7:30 - 8:30 pm | FF Inquirers#7: Pastoral Care and Small Groups                         |
| 12/9/20  | 7:30 - 8:30 pm | FF Inquirers#8: Membership 101 & Congregational Life                   |

**SSJGT, Service and Social Justice Green Team, Green Tip of the Week:** Insulate your water heater. Wrap the tank with an exterior insulation kit and insulate exposed pipes. It will reduce electricity costs and save money. Also consider installing a solar water heater. This alone may cut your electric bill by a third or more - saving electricity and saving you money!