Announcements

River of Grass New Mailing Address - We opened our post office box and are forwarding all of our mail there now. Sandy will still continue to check for mail at our State Road 84 building as long as it is possible. Our new mailing address is listed on our website as a footer on each page and in the <u>contact us page</u> if you need to look it up.

River of Grass UU Congregation, 3225 N Hiatus Rd, Unit 452485, Sunrise, Florida 33345 Summer Children's Virtual Fellowship at 12:30 pm – Children and parents: **Come join us at 12:30 pm this Sunday, Jul 12th,** for the Summer Fun at the Zoo virtual children's fellowship. This week: **Animals of the Rainforest.** What do creatures in the rainforest see, smell or hear? Would you like to stalk stealthily like a jaguar, or balance on one foot like a tamarin monkey? These are some of the animals living in the hidden world of the Amazon Rainforest. With researchers at the National Zoo in Washington D.C., we'll explore this unique place that the zoo is helping protect. Faith Development's Summer Fun at the Zoo celebrates our 7th Unitarian Universalist Principle: to respect and protect all living things and our earth. Faith Development's Summer Fun at the Zoo

The program is offered every Sunday through Jul 26th via Zoom, and requires a password. Look for an email from Diane Lade, Summer Fellowship Coordinator, or reach out to her at <u>FaithDevelopment@RiverofGrassUU.org</u>.

Young Adults are meeting every Sunday at 6:30 pm virtually on Zoom – Millennials, Gen Xers, and Gen Zs, are welcome to tune in to the YUUng Adult Virtual Coffee Hour on **Sunday**, **Jul 12th at 6:30 pm**. Our purpose is to foster an inclusive, diverse and intentional community that inspires spiritual growth and connection. Please email <u>youngadults@riverofgrassuu.org</u> if you have any questions and to obtain the zoom details.

Additional Mindfulness Offerings for the Summer:

Free "Mindfulness for Families and Children" weekly online sessions:

 Thursdays 5:00 - 5:15 pm for families & children of all ages; <u>https://us02web.zoom.us/j/83796621727</u>

Free "Mindfulness for Today's World" weekly online sessions:

• Thursdays 6:00 - 7:00 pm for adults; <u>https://zoom.us/j/551319571</u>

For more infor contact <u>Carolyn@InsightInstituteLLC.com</u> or <u>Scott@InsightInstituteLLC.com</u>, or visit <u>https://www.insightinstitute.com</u>

Birthdays - It's your birthday! ... "Happy Birthday to you, that's how we celebrate à la UU ... because you're special and we know it, virtual hugs and best wishes to YOU!

It's our intention to come together and connect with our UU families, -on the first Sunday of each month-, as we celebrate a special moment in our lives, by mentioning the day you were born! Please, expect a call, text, and/or email from the Membership Committee to ask for your permission. Thank you! Email <u>Birthday@riverofgrassuu.org</u> for more information.

Our next chapter begins - Members and Friends, The landlord and River of Grass have both signed the lease termination agreement effective July 31, 2020. Gratitude to the team who gave many hours for this endeavor. A great chapter closes, as a new chapter begins. While I'm relieved about no longer paying for space we cannot use, I am also melancholy about leaving a home we loved. The Moving Storage Team, led by Janet Schwartz and Ken Bresnahan, are actively progressing. They are developing a schedule for packing and other tasks over the next 2 weeks, and facility patching, painting and clean up the following week. Volunteers will be needed, so please contact <u>Move@riverofgrassuu.org</u>. They will distribute a copy of the schedule as it evolves, along with instructions for scheduling time to help out. During this period of transition, feel free to reach out in any way that supports you. We are blessed to have an amazing Minister and a beloved community. We will transition successfully, together. In service, Scott May, on behalf of the River of Grass Board of Trustees

Move team update - Our volunteers do so much at River of Grass! While you were helping out did you bring any items home that belong to River of Grass? **Did you take home linens or towels to clean? Did you borrow a table or any folding chairs?** Please try to make arrangements to drop them off at River of Grass. You can leave laundered items at the front door and Janet or Ken will bring them inside for you. Contact-less drop off! Or if it is larger items like tables or chairs, coordinate a time and they can leave the back door propped open for you to bring them in by the storage room and they will keep distance from the area for safety. Send them an email at <u>Move@riverofgrassuu.org</u> to work out all the details. Make sure to have your facemask with you if you plan to enter the building. Thank you for helping to have all of our items together so the movers can take everything to storage.

Vote Forward - The UUA's UU the Vote is a nationwide effort to get out the vote this November and in earlier primaries. With COVID-19 surging a good way to do activism from the comfort and safety of your home is Vote Forward. https://votefwd.org/ They focus on writing brief letters to progressive leaning infrequent voters in swing states. This is proven and effective; in multiple randomized trials, voters who received a handwritten letter were significantly more likely to vote. After you sign up with Vote Forward you will receive names and addresses of infrequent, progressive voters in swing states. After printing out a simple letter you will write in the person's name, write a sentence or two about why it is important to vote, and sign the letter. Then you write the person's name and address on an envelope, and write your name and a return PO box provided by Vote Forward. After stamping the letter you hold on to it, and mail it about 2 weeks before the election. Sending a Vote Forward letter is one of the easiest things you can do to increase turnout. It takes about four minutes and one stamp, and meaningfully increases the odds that the recipient will vote. This is a concrete action you can take, no matter where you live, to get unlikely-to-vote fellow citizens to the polls.

"I have written 10 letters." - Steve Jens-Rochow <u>SSJGT@riverofgrassuu.org</u>

Flowing River Sangha – We **meet every Tuesday at 7:00 pm. Our next gathering will be on Tuesday, Jul 14**th **via zoom**. <u>https://zoom.us/j/201911385</u>. We will meet from 7:00 - 8:30 pm. This is an open-ended, drop-in group for all levels of meditation experience. Gary Gonzalez <u>meditation@riverofgrassuu.org</u>.

Faith Forward Inquirers Series is back! The Faith Forward Inquirers Series meets on Wednesdays 6:30 – 7:30 pm on Zoom. Starting in September, we will meet from 7:30 – 8:30 pm. Faith Forward Inquirers Series is a rotation of seven conversations about our congregation and Unitarian Universalism. The series is designed for visitors and newcomers who are looking for a general introduction, and yet the sessions are also appealing to veteran members who want more information about our beloved community. New members and inquirers are encouraged to attend. Classes are not mandatory for membership but are highly recommended! Our last class in this rotation is scheduled for **Jul 15th and is FF Inquirers #8: Membership 101 & Congregational Life.** After this class we will take a break until the class on September 2nd. For more information, email Zena Tucker, <u>membership@riverofgrassuu.org</u>. Zoom link for our July sessions are: <u>ZOOM Link for RoG Inquirers</u>.

| | , , | • |
|----------|----------------|--|
| Date | Time | Event |
| 7/15/20 | 6:30 - 7:30 pm | FF Inquirers#2: Unitarian Universalist History, Principles and Sources |
| 9/2/20 | 7:30 - 8:30 pm | FF Inquirers#1: Q&A with Minister |
| 9/9/20 | 7:30 - 8:30 pm | FF Inquirers#2: Unitarian Universalist History, Principles and Sources |
| 9/16/20 | 7:30 - 8:30 pm | FF Inquirers#4: Faith Development for Children and Adults |
| 9/23/20 | 7:30 - 8:30 pm | FF Inquirers#5: Worship & Liturgical Year |
| 9/30/20 | 7:30 - 8:30 pm | FF Inquirers#6: Social Action & Community Service |
| 10/7/20 | 7:30 - 8:30 pm | FF Inquirers#7: Pastoral Care and Small Groups |
| 10/14/20 | 7:30 - 8:30 pm | FF Inquirers#8: Membership 101 & Congregational Life |
| 10/21/20 | 7:30 - 8:30 pm | FF Inquirers#1: Q&A with Minister |
| 10/28/20 | 7:30 - 8:30 pm | FF Inquirers#2: Unitarian Universalist History, Principles and Sources |
| 11/4/20 | 7:30 - 8:30 pm | FF Inquirers#4: Faith Development for Children and Adults |
| 11/11/20 | 7:30 - 8:30 pm | FF Inquirers#5: Worship & Liturgical Year |
| 11/18/20 | 7:30 - 8:30 pm | FF Inquirers#6: Social Action & Community Service |
| 12/2/20 | 7:30 - 8:30 pm | FF Inquirers#7: Pastoral Care and Small Groups |
| 12/9/20 | 7:30 - 8:30 pm | FF Inquirers#8: Membership 101 & Congregational Life |
| | | |

The River of Grass Men's Group is open to all men. The Men's Group Men's Group meets via Zoom every 1st and 3rd Thursday of the month at 7:00 pm. **Thursday night, Jul 16th at 7:00 pm we will meet on Zoom.** <u>https://us04web.zoom.us/j/670022402</u> The Meeting Room opens up at 6:30 pm before the Host arrives. For more info, please contact Kip Barkley mensgroup@riverofgrassuu.org.

Faith Development – Parents Having Coffee Online - Parents will join together to share their woes, joys and ahas in a Zoom Room on **Saturday morning, Jul 18th at 10:00 am**. Look for an email from Karen Gonzalez <u>religiouseducator@riverofgrassuu.org</u>.

August Book Discussion - Join us each Saturday in August for a discussion on the book *White Fragility - why it's so hard for white people to talk about racism* by Robin Diangelo. The book will be available through the <u>UUA bookstore, Inspirit</u> on June 24th, and you may also be able to get it at the library (I believe there is a long wait). We'll meet beginning Aug 1st at 3:00 pm and cover as many chapters as we can each time. Contact Karen Gonzalez at <u>uugonzo1@gmail.com</u> to sign up for the Zoom link (or sign up in our <u>Facebook event</u>).

Electronic Recycling: River of Grass is no longer accepting electronic items for recycling. Please continue to dispose of your printers, monitors, cables, spent batteries and other electronic items properly through your neighborhood or county recycling program. For Broward County locations and times, Click <u>Here</u>.

SSJGT, Service and Social Justice Green Team, Green Tip of the Week: Use reusable food storage containers made of glass instead of single use plastic bags or plastic wrap. It's cheaper, and it's healthier to reheat food in glass in the microwave.