# River of Grass

# Unitarian Universalist Congregation 3225 N Hiatus Rd, Unit 452485, Sunrise, Florida 33345

WELCOME TO OUR RIVER OF GRASS FAMILY. WELCOME TO OUR WARMTH. WELCOME HOME!

River of Grass Weekly Update - November 26, 2020



# **Honor The Ancestors**

Gather with us this Sunday to breathe, to bear witness to and with one another, to rest and reflect and restore ourselves for the days to come, assured that love always wins -- when we make it so.

Come as you are to gather with us for this Sunday's love-streamed service, remembering only the medium is virtual; the connections, the love, the spirit are real. Following the service, we will share virtual Hospitality time with a live chat and small groups where we can relish each other's beautiful faces and voices together once again.

Follow the link below to join us in Zoom – or if you'd like, we'll be simulcasting on our Facebook page at <a href="https://www.facebook.com/riverofgrassuu/">https://www.facebook.com/riverofgrassuu/</a>. Tune in there for the service, then log onto our Zoom link for hospitality time afterward. And now that we have a larger Zoom space ready to welcome all who will join us from over this world – who will we meet this week?

Sunday morning, gather with us at the River – on your computer, your tablet, your phone (with video or only audio if you like, we'll miss your face!) -- just click or dial into our River of Grass Meeting Room at the link or numbers below. We'll be watching for you!

**Topic: Worship November 29, 2020** 

Join Zoom Meeting

https://zoom.us/j/961564350?pwd=cFpKY2RtRk4wVE5NbDczdTU5THViQT09

Meeting ID: 961 564 350 Password: 873805

Find your local number: <a href="https://zoom.us/u/ab3E9]Rtb9">https://zoom.us/u/ab3E9]Rtb9</a>

**Upcoming Virtual Events - This Sunday:** 

Sunday, November 29, 2020

**Virtual Sunday Service at 10:30 am** – Kip Barkley -- "Honor The Ancestors" https://zoom.us/j/961564350?pwd=cFpKY2RtRk4wVE5NbDczdTU5THViQT09

Faith Development: 12:30: Pre-K - 1st graders; 1:30 pm: 2nd - 6th graders; 3:00 pm: teens

#### **Project Angel Tree supporting ChildNet:**

This year, River of Grass has adopted 75 foster care kids for this holiday season. We are trying to stay safe and yet still be generous and loving with our most vulnerable population.

- We are asking you to choose a child and then purchase one of the requested gift cards and an age appropriate plush toy.
- Our Faith Development children will be creating holiday postcards that we will attach to the toy.
- The gift cards and plush toys can be delivered to Marilisa Lawless's home, as she is the lead on this project.
- Marilisa's address is 1975 SW 101st Ave, Davie, FL 33324. They can be mailed or delivered. She has a covered porch and they can be left out front whether she is home or not.
- We are asking that these are at her home by **Saturday**, **Dec 5**<sup>th</sup>.
- <u>The Google Sheet can be viewed by clicking here</u>. Please add your name and contact information to the green column to the right of the child (ren) you choose.

Thank you for always stepping up for River of Grass!

To find out more about ChildNet please check out their website: <a href="https://www.childnet.us/">https://www.childnet.us/</a>

ChildNet has been chosen by the Florida Department of Children & Families to serve as the Community Based Care (CBC) lead agency in both Broward and Palm Beach Counties. As such, it is the single private non-profit entity responsible for managing the local system of services and supports for the communities' most vulnerable children. Their system of care was developed with extensive input from local stakeholders and its effective implementation depends upon their continued support.

#### World AIDS Day 2020:

<u>World AIDS Day</u>, observed each year on December 1, is an opportunity for people worldwide to unite in the fight against HIV, show their support for people living with HIV, and remember those who have died. Started in 1988, World AIDS Day was the first ever global health day.



#### The Auction Alternative - DATE CHANGE

The Auction Alternative has been rescheduled to January 16.

### **SAVE/CHANGE THE DATE - AUCTION ALTERNATIVE - January 16, 2021**

We are still working on it, just taking the time to make it a stellar occasion.

Your Auction Team, <u>auction@riverofgrassuu.org</u>.

#### River of Grass - Fundraising Mask

Would you like a River of Grass Side with Love Mask? <u>Click here to purchase</u> your River of Grass Unitarian Universalist Congregation Fundraising Mask! Orders will be shipped right to your door without any additional shipping charges! This face mask is machine washable, double ply,

and made up of 60% Polyester, 40% Cotton. They cost \$15 each with 3 different sizes available: Adult, Youth 9-15, and Child 3-8. (<a href="https://www.fundraisingmasks.org/product-page/river-of-grass-fundraiser">https://www.fundraisingmasks.org/product-page/river-of-grass-fundraiser</a>)

#### **Money Matters**

Method

During the month of November, along with Thanksgiving, comes the opportunity to review your tax year while you still have time to do something about it. Some folks even meet with their Tax Preparer.

Few of us can't itemize deductions anymore, but do you even come close? Do you have any deductions that you can pay early this year or move into next year? The plan is to lump deductions together to get more than the standard. This year you likely qualify to write off \$300 even if you don't itemize.

Because of COVID, there have been many tax law changes. Do any of these help you? Do you have an investment loss you have been holding too long? End the denial and claim that deduction. Plan and act before the window closes. We do have some planning resources online.

--Kip Barkley, Planned Giving Person RiverOfGrassUU.org/planned-giving-resources.html

How

## **Capital Campaign Contributions**

We have set up several methods for you to make your pledges/contributions to the Capital Campaign. The table below details the various methods, including charges that the River accrues when this payment method is used. We are here to help with any questions you may have. Feel free to contact our office administrator, Sandy Blair Chibnick, via email at office@riverofgrassuu.org.

Processing fees paid

**Monetary Donations** 

metnoa	НОW	Processing fees paid	
		by River of Grass	
	Write CC on memo line Mail to River of Grass:		
	3225 N Hiatus Rd, Unit 452485		
Check	Sunrise, FL 33345	\$0	
Checking			
account via	Set up payment on our <u>Donations page</u> . Designate on \$0.45 per transaction plus		
Vanco	the Capital Campaign line	processing fee 1%	
		\$0.45 per transaction plus credit	
		card processing fee	
Credit Card via	Set up payment on our <u>Donations page</u> .	American Express: 3.5%	
Vanco	Designate amount on the Capital Campaign line.	Visa/MasterCard: 2.75%	
	https://www.paypal.com/paypalme/my/profile	Varies based on	
PayPal	In the notes write "Capital Campaign"	method of payment	
	Use your bank to set up \$ transfer. Send an email to		
Zelle	CapitalCampaign@riverofgrassuu.org.	\$0	
Securities	Any questions contact Northstar Financial Planners:		
	Allen Giese, Steve Tepper, or Stacy Saavedra at (954) 693-0030		
	Securities should be transferred per instructions from the donor's brokerage or advisor		
	using the following DTC and A/C numbers as the destination		
	#0188 - TD Ameritrade Institutional		
	A/C #944110334		
	RIVER OF GRASS UNITARIAN UNIVERSALIST CONGREGATION, INC.		
	The donor should notify the CC Team and the Office Administrator of the details of the		
	donation by emailing CapitalCapaign@riverofgrassuu.org.		

#### Other Events:

Free "Mindfulness for Today's World" weekly online sessions:

Thursdays 6:00 - 7:00 pm for adults; Zoom link for Thursday night at 6 pm

For more information or to register contact <a href="mailto:Carolyn@InsightInstituteLLC.com">Carolyn@InsightInstituteLLC.com</a> or <a href="mailto:Scott@InsightInstituteLLC.com">Scott@InsightInstituteLLC.com</a>, or visit <a href="mailto:http://www.insightinstitutellc.com/">http://www.insightinstitutellc.com/</a>

The River of Grass Men's Group is open to all men. The Men's Group Men's Group meets via Zoom every 1<sup>st</sup> and 3<sup>rd</sup> Thursday of the month at 7:00 pm. Thursday, Dec 17<sup>th</sup> at 7:00 pm we will meet on Zoom and discuss our topic: "The Art of Music." Our own Wendell Abern will charm us with his piano music. At each session we launch into a topic that is designed to encourage personal sharing. <a href="https://us04web.zoom.us/j/670022402">https://us04web.zoom.us/j/670022402</a> The Meeting Room opens up at 6:30 pm before the Host arrives. For more info, please contact Kip Barkley <a href="mensgroup@riverofgrassuu.org">mensgroup@riverofgrassuu.org</a>. Please let us know if you plan to try to make it.

**Flowing River Sangha** – We will meet online on **Tuesday**, **Dec 1**<sup>st</sup> **at 7:00 pm**. Every Tuesday night we will meet via Zoom: <a href="https://zoom.us/j/201911385">https://zoom.us/j/201911385</a>. We will meet from 7:00 - 8:30 pm. This is an open-ended, drop-in group for all levels of meditation experience. For more information, please email Gary Gonzalez at <a href="meditation@riverofgrassuu.org">meditation@riverofgrassuu.org</a>.

Young Adults are now meeting on the 2<sup>nd</sup> and 4<sup>th</sup> Sundays, at 7:30 pm virtually on Zoom – Millennials, Gen Xers, and Gen Zs, are welcome to tune in to the YUUng Adult Virtual Coffee Hour on Sunday, Dec 13<sup>th</sup> at 7:30 pm. Our purpose is to foster an inclusive, diverse and intentional community that inspires spiritual growth and connection. Please email youngadults@riverofgrassuu.org if you have any questions and to obtain the zoom details.

The Faith Forward Inquirers Series meets on Wednesdays 7:30 – 8:30 pm on Zoom, see the schedule below! Faith Forward Inquirers Series is a rotation of seven conversations about our congregation and Unitarian Universalism. The series is designed for visitors and newcomers who are looking for a general introduction, and yet the sessions are appealing to veteran members who want more information about our beloved community. New members and inquirers are encouraged to attend. Classes are not mandatory for membership but are highly recommended! Our next class is scheduled for **Dec 2**<sup>nd</sup> and is FF Inquirers #5: Worship & Liturgical Year. For more info, email Zena Tucker, membership@riverofgrassuu.org. Zoom link for our session is: ZOOM Link for RoG Inquirers.

Date	Time	Event
12/2/20	7:30 - 8:30 pm	FF Inquirers#5: Worship & Liturgical Year
1/6/21	7:30 - 8:30 pm	FF Inquirers#7: Pastoral Care and Small Groups
1/13/21	7:30 - 8:30 pm	FF Inquirers#8: Membership 101 & Congregational Life
1/27/21	7:30 - 8:30 pm	FF Inquirers#6: Social Action & Community Service
2/3/21	7:30 - 8:30 pm	FF Inquirers#1: Q&A with Minister
2/10/21	7:30 - 8:30 pm	FF Inquirers#2: Unitarian Universalist History, Principles and Sources
2/24/21	7:30 - 8:30 pm	FF Inquirers#4: Faith Development for Children and Adults
3/3/21	7:30 - 8:30 pm	FF Inquirers#5: Worship & Liturgical Year
3/24/21	7:30 - 8:30 pm	FF Inquirers#6: Social Action & Community Service
3/31/21	7:30 - 8:30 pm	FF Inquirers#7: Pastoral Care and Small Groups
4/7/21	7:30 - 8:30 pm	FF Inquirers#8: Membership 101 & Congregational Life
4/28/21	7:30 - 8:30 pm	FF Inquirers#4: Faith Development for Children and Adults
5/5/21	7:30 - 8:30 pm	FF Inquirers#5: Worship & Liturgical Year
5/12/21	7:30 - 8:30 pm	FF Inquirers#1: Q&A with Minister
5/26/21	7:30 - 8:30 pm	FF Inquirers#6: Social Action & Community Service
6/2/21	7:30 - 8:30 pm	FF Inquirers#7: Pastoral Care and Small Groups

**SSJGT, Service and Social Justice Green Team, Green Tip of the Week:** AVOID BEEF! Avoiding beef is most likely the #1 thing each of us can do to help the environment. Compared to other meats, beef generates 5 times the green house gases, uses 11 times the water, and 28 times the land, according to National Academy of Sciences. Skip the beef, save the planet.

#### **COVID-19 Response Update**

Our River of Grass faithful is actively responding to COVID-19. All face-to-face gatherings of any kind are suspended or moved on-line, and we have left our building. Numerous meetings and gatherings have transitioned online via Zoom. Welcome to our new norm!

We are grateful that many many members and friends are in self-quarantine, doing their part to protect themselves as well as reduce the spread of the virus, and only venturing outside when absolutely necessary.

Our extended Caring Team has coordinated a 'network of contacting' to help ensure our community has communication and is cared for.... and our Covenant Groups are a large part of this.

There is deep gratitude for the way our community cares for each other, remains flexible, and is diligent in responding to this unprecedented situation!

Take a deep breath. Allow any feelings and thoughts to be as they are. Know you are supported. Stay safe!

## Basic Protective Measures Against the New Coronavirus

Your leadership at River of Grass are taking every precaution against the new coronavirus here at River of Grass and in the wider community we share. River of Grass is adhering to the following recommendations from the World Health Organizations.

Stay aware of the latest information on the COVID-19 outbreak. Most people who become infected experience mild illness and recover, but it can be more severe for others. Be aware of those in our midst with compromised immune systems.

#### Take care of your health and protect others by doing the following:

- 1. Regularly and thoroughly CLEAN YOUR HANDS with an alcohol-based hand-rub or washing with soap and water, especially after coughing/sneezing; when caring for the sick; before, during, and after you prepare food; before eating; after toilet use; when hands are visibly dirty and when they are not; after handling animals or animal waste.
- 2. Maintain social distancing 6 feet between yourself and anyone.
- 3. Even if well, try to maintain a distance of 6 feet from others and when greeting, instead of elbow and fist bumps (no handshakes or hugs), consider placing your hand over your heart as a gesture of welcome and hello.
- 4. Avoid touching eyes, nose, and mouth to avoid transfer of viruses from contaminated surfaces.
- 5. Practice respiratory hygiene: 1) Cough/sneeze into your elbow, 2) If you use tissues, dispose of them immediately, then clean your hands.
- 6. If you have fever, cough, and difficulty breathing, seek medical care promptly.
- 7. If you feel unwell, stay home, even with mild symptoms like headache and runny nose.
- 8. Stay informed, and follow any guidelines from your healthcare advisor.

#### How to cope with stress during this coronavirus outbreak:

- 1. It is normal to feel sad, stressed, confused, scared, or angry during any crisis.
- 2. Talk to people you trust, and contact your friends and family.
- 3. If you must stay home, maintain a healthy lifestyle with proper diet, sleep, exercise, and social contact with loved ones via email, phone, etc.
- 4. Avoid smoking or using alcohol and other drugs to deal with your emotions.

- 5. Get the facts from credible sources such as the Center for Disease Control, World Health Organization, or local/state health agencies.
- 6. Limit worry and agitation through lessening time you spend watching media and the internet.
- 7. Draw on coping skills that have helped you in the past.
- 8. If you feel overwhelmed, talk to a health worker or counsellor, and have a plan to seek help for physical and mental health needs if required.

To see all of the upcoming events at River of Grass, please visit the calendar on our website at <a href="riverofgrassuu.org/calendar.html">riverofgrassuu.org/calendar.html</a>.

**River of Grass UU Congregation** is on <u>Facebook</u> (LIKE us) and <u>Twitter</u> (FOLLOW Us). For more information, please contact <u>communityawareness@riverofgrassuu.org</u>.

*Unsubscribe* - If you do not wish to receive this weekly email, please send an email and we will remove you from the mailing list, office@riverofgrassuu.org.

Announcements to be sent out in the weekly congregation-wide update should be e-mailed or called into the congregation's office by 12 pm Wednesday. All announcements will pertain to congregational life and affiliated groups and will be for activities or events occurring within two weeks of the e-mail. Outside groups and individuals, wishing to use this vehicle of congregation-wide communication, must have the approval of the Board of Trustees.