River of Grass

Unitarian Universalist Congregation 3225 N Hiatus Rd, Unit 452485, Sunrise, Florida 33345

WELCOME TO OUR RIVER OF GRASS FAMILY. WELCOME TO OUR WARMTH. WELCOME HOME!

River of Grass Weekly Update - September 9, 2021

What if I did one more thing...

This Sunday Kip Brakley will present, "What if I Did One More Thing..." Our September theme is "Imagine the Possibilities." Imagine if you took up one new activity, earned one new credential, or traveled to one new place. Do Zoom in and join us.

Join us as you are from wherever you are in Zoom or on FaceBook live, as we begin again to Chart the Shape of the River in these changing times in both our service, and Hospitality in zoom following the service (if you tune in on Facebook, c'mon over after to Hospitality at the link below!). We can't wait to see you!

Topic: Worship September 12, 2021

Join Zoom Meeting

https://zoom.us/j/961564350?pwd=cFpKY2RtRk4wVE5NbDczdTU5THViQT09

Meeting ID: 961 564 350; Password: 873805

Find your local number: https://zoom.us/u/ab3E9IRtb9

Upcoming Virtual Events - This Sunday:

Sunday, September 12, 2021

Virtual Sunday Service at 10:30 am – What if I did one more thing... - Kip Barkley https://zoom.us/j/961564350?pwd=cFpKY2RtRk4wVE5NbDczdTU5THViQT09

Faith Development: 9:00: K - 2nd graders; 1:30 pm: 3rd - 7th graders; 12:00 pm: Teens.

A new year of Faith Development Classes for children and youth begins this Sunday! We will begin the year meeting online and hope that the year ahead will include opportunities to gather in person. Children in Kindergarten through 2nd grade (Dragonflies) will meet at 9:00am. Mockingbirds (grades 3rd - 7th) will meet at 1:30pm. Teens will meet at noon. Sunday's lesson will be focused on the art of apologies, something our Jewish friends are considering during their high holy days. For information about our program or Zoom classroom links, contact our Director of Faith Development, Karen Gonzalez at ReligiouEducator@RiverOfGrassUU.org.

Faith Development - Register your child for the 21-22 school year: Registration is now open for our online Faith Development program for children and teens for the 2021-22 school year. <u>REGISTER HERE</u> or see the link on our <u>website</u>, <u>Facebook pages</u> and in an email from our Director, Karen Gonzalez. Please contact her, if you have any questions, at <u>ReligiousEducator@RiverOfGrassUU.org</u>.

Young Adults are now meeting on the 2nd Sundays, at 7:30 pm virtually on Zoom – Millennials, Gen Xers, and Gen Zs, are welcome to tune in to the YUUng Adult Virtual Coffee Hour on **Sunday, Sep 12th at 7:30 pm.** Our group's purpose is to foster an inclusive, diverse and intentional community that inspires spiritual growth and connection. Please email youngadults@riverofgrassuu.org if you have any questions and to obtain the zoom details.

Money Matters: Here is a topic that may be of interest to you from your Planning Giving Group. A 529 College Saving Plan is a way to pay now towards your grand child's education and watch it grow tax-free until needed. A 529 Plan works like an IRA for Retirement Savings except that you, or a parent, is the owner and the grandkid is the beneficiary. There are dozens of plans sponsored by different states from Florida to Utah. Yes, there are big

differences between plans in fees and investment options. Like an IRA, you can rollover your 529 from one sponsor to another. Withdrawals can go only towards educational expenses and the IRS will be watching. There is a valuable review by the rating service MorningStar.com and you can read the report online at: The Top 529 College Savings Plans of 2020. As usual, always consult with your financial and tax professionals when making such decisions. Remember, you will never work at a higher hourly pay rate than when you are reviewing your financial options. --Kip Barkley: River of Grass Planned Giving Group: https://RiverOfGrassUU.org/planned-giving.html

Heritage & Hope:

Heritage - Sophia Lyon Fahs: A 20th-century progressive religious educator and one of the creators of modern American theological liberalism.

Born in 1876, Fahs embraced progressive educational principles when she was a graduate student at Columbia University's Teachers College, then as a divinity student at Union Theological School in New York. Fahs came of age as a major new force in liberal religious education as young liberal parents and disenchanted orthodox parents increasingly sought out new models of religious education for their children. She actively created and shaped the progressive Sunday School at Riverside Church in New York.



Hope - OWL - Honest, accurate information about sexuality changes lives. It dismantles stereotypes and assumptions, builds self-acceptance and self-esteem, fosters healthy relationships, improves decision making, and has the potential to save lives. For these reasons and more, we are proud to offer Our Whole Lives (OWL), a comprehensive, lifespan sexuality education curricula for use in both secular settings and faith communities.



Melanie J. Davis is the UUA's OWL Program Manager and is an all-levels Our Whole Lives trainer. She is the author of Our Whole Lives Sexuality Education for Older Adults and Sexuality and Our Faith: Companion to Our Whole Lives Sexuality Education for Grades 7-9, 2nd ed.

Other Events:

Free "Mindfulness for Today's World" weekly online sessions:

Thursdays 6:00 - 7:00 pm for adults, zoom link for Thursday night at 6 pm

For more information or to register contact <u>Carolyn@InsightInstituteLLC.com</u> or <u>Scott@InsightInstituteLLC.com</u>, or <u>visit http://www.insightinstitutellc.com/</u>

Celebration of Life for Brenda Parker, Sep 18th: Please gather with us in Beloved Community at River of Grass to honor and celebrate the life of our beloved Brenda Parker on **Saturday, September 18, at 11:00 am – in zoom,** as we continue COVID-19 safety protocols. Her mother, Rani, and sister, Nithila, invite you to bring a story or memory to share in this community she so loved. Join with us for this special and sacred time together at the link below.

Topic: Celebration of Life for Brenda Parker

waters of abundance or scarcity

Time: Sep 18, 2021 11:00 AM Eastern Time (US and Canada)

Join Zoom Meeting https://zoom.us/j/97936175995?pwd=VGgxVWxFWkw5T1h6cTlaLzFkeHVMZz09

Meeting ID: 979 3617 5995; Passcode: 861442

One tap mobile: +19292056099,,97936175995#,,,,*861442# US (New York)

VIRTUAL WATER INGATHERING SUNDAY, SEP 19th! Beloveds, the time has come for our annual Water Ingathering. Each year we gather in September to mingle waters symbolizing our connections to one another, to the Earth we share with all living things, and the learnings of our life's journeys in body and in spirit. **On Sunday, Sep 19**th, we will share a Virtual Water Ingathering in this unprecedented time we're living through together. For a part of this time of service, you are invited to offer a video or photo of yourself, your beloveds, your family with, in, on, partaking, celebrating, appreciating, marveling at that life-giving waters of your life, in advance, and get it to us to prepare for the service. Share with us your ...

- · waters of travel, movement, change
- · waters of life's storms, worries, frustrations, losses
- · waters that form the wellsprings of your life

Get creative. Be serious or silly. In a boat on the sea or a kayak on the river? On a unicorn float in the pool or toes in the dew-drenched grass at dawn? Simply enjoying a cold glass on a hot day or watching the steamy rainfall? Drinking from the garden hose or a prehistoric waterfall? A quench straight from your kitchen tap or scooped up from afar? Show us what life-giving water means to you. Most of all, we want to see your faces and be assured once more of the bonds of Beloved Community.

Send your videos, photos, art, poems – whatever speaks best for you – to minister@riverofgrassuu.org – by Wednesday, Sep 15^{th} . Oh, and one more thing, please also be prepared to bring an ice cube to the zoom screen for this service! Till then, Shine on! ~ RevAmy

SSJGT, Service and Social Justice Green Team, Green Tip of the Week: Before buying new clothes, check out thrift stores (like Goodwill). You may be surprised to find some excellent choices and big savings.

Drive to the Finish: Capital Campaign - Thank you to all who gave us a new pledge and those who generously increased their pledge. Remember there is a Matching Fund Donor who will match any new or increased pledge of \$3,000 or more. With gratitude and hope, Your Capital Campaign Team. capitalcampaign@riverofgrassuu.org Go to our website, riverofgrassuu.org, scroll down to the Drive to the Finish information and click on the link to make your pledge.

Capital Campaign Contributions

We have set up several methods for you to make your pledges/contributions to the Capital Campaign. The table below details the various methods, including charges that the River accrues when this payment method is used. We are here to help with any questions you may have. Feel free

July Capital Campaign Update

	07/31/21
CC - BOA Account	\$120,318
CC - TD Ameritrade	\$201,541
Foundation - TD Ameritrade	\$897,385
Total Funds Available	\$1,219,244
Pledges we are promised	\$201,171
Total	\$1,420,415
Objective	\$2,200,000

to contact our office administrator, Sandy Blair Chibnick, via email at office@riverofgrassuu.org.

Monetary Donations			
Method	How	Processing fees paid by River of Grass	
	Write CC on memo line Mail to River of Grass: 3225 N Hiatus Rd, Unit 452485		
Check	Sunrise, FL 33345	\$0	
Checking account	Set up payment on our <u>Donations page</u> . Designate	\$0.45 per transaction	
via Vanco	on the Capital Campaign line	plus processing fee 1%	
		\$0.45 per transaction plus	
		credit card processing fee	
Credit Card	Set up payment on our <u>Donations page</u> .	American Express: 3.5%	
via Vanco	Designate amount on the Capital Campaign line.	Visa/MasterCard: 2.75%	
	https://www.paypal.com/paypalme/my/profile	Varies based on	
PayPal	In the notes write "Capital Campaign"	method of payment	
	Use your bank to set up \$ transfer. Send Zelle		
Zelle	payment to <u>CapitalCampaign@riverofgrassuu.org</u> .	\$0	
Securities	Any questions contact Northstar Financial Planners:		
	Allen Giese, Steve Tepper, or Stacy Saavedra at (954) 693-0030		

Securities should be transferred per instructions from the donor's brokerage or advisor
using the following DTC and A/C numbers as the destination
#0188 - TD Ameritrade Institutional
A/C #944110334
RIVER OF GRASS UNITARIAN UNIVERSALIST CONGREGATION, INC.

The donor should notify the CC Team and the Office Administrator of the details of the donation by emailing CapitalCapaign@riverofgrassuu.org.

Interim Recommendations from the RoG COVID-19 Re-Emergence Team

Team: Deb Buehler Ely, Karen Gonzalez, Susan Juncosa, Jeanne Masten

Purpose of Team: To review guidelines for congregational and smaller group gatherings in order to provide recommendations to the Board to be used for official River of Grass meetings and events.

These recommendations are:

For: only for official, River of Grass - sponsored outdoor and indoor small group gatherings.

Fluid: new information comes out all the time and the recommendations could change.

Inclusive: all attendees should be able to attend physically or virtually.

Protective: considers first those who are most at risk.

Science-based: follow the directives according to the experts.

Sources:

UUA: https://www.uua.org/safe/pandemics/covid-19

CDC: https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/index.html

Johns Hopkins: https://coronavirus.jhu.edu/us-map

UU Reston Covid-19 Guidelines: https://www.uureston.org/covid

MEETINGS IN THE TIME OF COVID

RIVER OF GRASS COVID-19 TEAM RECOMMENDATIONS TO THE BOARD: February 2021

Small Group Meeting COVID Requirements

The CDC has released guidelines which allow meetings of fully-vaccinated** people. https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html

In accordance with these guidelines, Official River of Grass meeting protocols have been updated to reflect the differences in the make-up of meeting attendees. **People are considered fully vaccinated for COVID-19 \geq 2 weeks after they have received the second dose in a 2-dose series (Pfizer-BioNTech or Moderna), or \geq 2 weeks after they have received a single-dose vaccine (Johnson and Johnson (J&J)/Janssen). This meeting protocol has been developed and can be found on our web (RiverofGrassUU.org/teams-committees--small-groups.html). Contact Susan Juncosa at vicepresident@riverofgrassuu.org for more information.

Frequently Asked Questions - Small Group Meetings

1. Can I meet with my RoG friends?

- That is your choice at all times. These recommendations are only for official River of Grass – sponsored gatherings.

2. What's the first thing to consider when organizing an in-person event?

- Is it necessary that the gathering be in person? Can the same purpose be achieved by meeting on Zoom? Is there a reason to meet other than the fact that we want to be together?

3. My small group has some people who are not vaccinated. Can we meet in person?

- Small groups with unvaccinated attendees can meet outdoors. Follow the procedure for such meetings and sign the covenant.
 - + If any members of the group do not want to attend in person, provision must be made for attendance by Zoom or other application.

4. My group has all been vaccinated with all shots and have waited the recommended times. Can we have an in-person meeting?

- Yes, if you take these actions:
 - + follow the procedure for such meetings and sign the covenant.
 - + If any members of the group do not want to attend in person, provision must be made for attendance by Zoom or other application.

5. What about an indoor meeting?

- Yes, see question four.

6. Can children come to the gathering?

- At this time, there is no vaccine approved for children. They would have to maintain social distance and masking, etc. This might be a group decision.

Meetings with all attendees fully-vaccinated (INDOORS AND OUTDOORS)

Meeting Leader will do the following:

- + send the covenant to attendees prior to the meeting;
- + determine, with group members, if proof of vaccination must be provided;
- + collect signed covenants or procure signed covenants at the start of meeting;

Actions Prior to a Gathering

A covenant shall be developed and sent to attendees which includes the following:

- + attendee states they have been fully vaccinated and will provide card if requested;
- + attendee will comply with any contact tracing which may ensue; and
- + has not tested positive for COVID-19 in the prior 10 days and is not experiencing any COVID-19 symptoms.

Actions During a Gathering

- + attendees will give meeting leader the signed covenant or sign a copy at the start of meeting;
- + Meeting attendees do not have to wear masks or social distance
- + Meeting attendees may share food or drink.

Fully-Vaccinated Small Group Gathering Covenant

We; the members, friends, and visitors of the River of Grass Unitarian Universalist Congregation acknowledge the role we play in keeping ourselves, each other and our community safe from the spread of COVID-19. With that in mind, we agree to adhere to the following protocols when gathering in small groups in or out-of-doors:

- We have been fully vaccinated against COVID-19.
- We have not tested positive for COVID-19 in the prior 10 days and are not experiencing any COVID-19 symptoms.
- We will comply with any contract tracing following our gathering, if needed.

Meeting with some attendees unvaccinated/not fully vaccinated (OUTDOORS ONLY)

Meeting Leader will do the following:

- + send the covenant to attendees prior to the meeting;
- + set up space and have sanitizer/hand washing supplies available;
- + collect signed covenants or procure signed covenants at the start of meeting;
- + locations of outdoor gathering will be chosen with the physical needs of the attendees in mind and alternative Zoom links will be offered if needed;
- + review masking and social distancing.

Actions Prior to a Gathering

A covenant shall be developed and sent to attendees which includes the following:

- + agrees to follow social distancing and masking protocols; and
- + has not traveled internationally in past two weeks; and
- + attendee will comply with any contact tracing which may ensue; and
- + is not experiencing any COVID symptoms.

Actions During a Gathering

- + attendees will give meeting leader the signed covenant or sign a copy at the start of meeting;
- + Meeting attendees will follow masking and social distancing guidelines;
- + Meeting attendees will not share food or drink.

Actions after a Gathering

+ Meeting leader will keep the covenants collected for two weeks;

+ Attendees will inform the meeting leader if they have Covid symptoms and/or a positive Covid test within two weeks after the meeting. Meeting leader will inform all attendees.

Small Group Outdoor Gathering Covenant

We; the members, friends, and visitors of the River of Grass Unitarian Universalist Congregation acknowledge the role we play in keeping ourselves, each other and our community safe from the spread of Covid-19. With that in mind, we agree to adhere to the following protocols when gathering in small groups out-of-doors:

- We will wear masks at all times and keep 6 feet from persons who do not reside in our households.
- We will not partake of food or drink.
- We are not experiencing any Covid-19 symptoms.
- We have not traveled out of the country in the past two weeks.
- We will comply with any contract tracing following our gathering, if needed.

Factors Considered in forming the Guidelines:

All guidelines depend on both the public and the personal.

The public – the surrounding community – must meet certain standards for daily new cases, infection rate, test positivity percentage, contract tracing in place and hospital capacity.

Personal - each individual's state of health.

Scope of Recommendations:

At this time, the recommendations are only for small gatherings in **indoor and outdoor** spaces depending on who is vaccinated in the group.

Format of Recommendations:

The team will develop a FAQ (Frequently Asked Questions) document to be posted on the web site and added to the weekly e-mail, which will be updated as needed.

Meeting Leader will do the following:

- + send the covenant to attendees prior to the meeting;
- + set up space and have sanitizer/hand washing supplies available;
- + collect signed covenants or procure signed covenants at the start of meeting;
- + locations of outdoor gathering will be chosen with the physical needs of the attendees in mind and alternative Zoom links will be offered if needed;
- + review masking and social distancing.

Actions Prior to a Gathering

A covenant shall be developed and sent to attendees which includes the following:

- + agrees to follow social distancing and masking protocols; and
- + has not traveled internationally in past two weeks; and
- + attendee will comply with any contact tracing which may ensue; and
- + is not experiencing any COVID symptoms.

Actions During a Gathering

- + attendees will give meeting leader the signed covenant or sign a copy at the start of meeting;
- + Meeting attendees will follow masking and social distancing guidelines;
- + Meeting attendees will not share food or drink.

Actions after a Gathering

- + Meeting leader will keep the covenants collected for two weeks;
- + Attendees will inform the meeting leader if they have Covid symptoms and/or a positive Covid test within two weeks after the meeting. Meeting leader will inform all attendees.

COVID-19 Response Update

Our River of Grass faithful is actively responding to COVID-19. Any face-to-face gatherings of any kind must follow the new small group protocols that were recommended to the Board by the COVID Re-Emergence Team. Otherwise, all gatherings are suspended or moved on-line, while we search for our forever home, continue to keep ourselves and our community safe, and prepare for congregational life after COVID.

We are grateful that many many members and friends are in self-quarantine, doing their part to protect themselves as well as reduce the spread of the virus, and only venturing outside when absolutely necessary.

Our extended Caring Team has coordinated a 'network of contact' to help ensure our community has communication and is cared for.... and our Covenant Groups are a large part of this.

There is deep gratitude for the way our community cares for each other, remains flexible, and is diligent in responding to this unprecedented situation!

Take a deep breath. Allow any feelings and thoughts to be as they are. Know you are supported. Stay safe!

Basic Protective Measures Against Coronavirus

Your leadership at River of Grass are taking every precaution against coronavirus here at River of Grass and in the wider community we share. River of Grass is adhering to the following recommendations from the World Health Organizations.

Stay aware of the latest information on the COVID-19 outbreak. Most people who become infected experience mild illness and recover, but it can be more severe for others. Be aware of those in our midst with compromised immune systems.

Take care of your health and protect others by doing the following:

- 1. Regularly and thoroughly CLEAN YOUR HANDS with an alcohol-based hand-rub or washing with soap and water, especially after coughing/sneezing; when caring for the sick; before, during, and after you prepare food; before eating; after toilet use; when hands are visibly dirty and when they are not; after handling animals or animal waste.
- 2. Maintain social distancing 6 feet between yourself and anyone.
- 3. Even if well, try to maintain a distance of 6 feet from others and when greeting, instead of elbow and fist bumps (no handshakes or hugs), consider placing your hand over your heart as a gesture of welcome and hello.
- 4. Avoid touching eyes, nose, and mouth to avoid transfer of viruses from contaminated surfaces.
- 5. Practice respiratory hygiene: 1) Cough/sneeze into your elbow, 2) If you use tissues, dispose of them immediately, then clean your hands.
- 6. If you have fever, cough, and difficulty breathing, seek medical care promptly.
- 7. If you feel unwell, stay home, even with mild symptoms like headache and runny nose.
- 8. Stay informed, and follow any guidelines from your healthcare advisor.

How to cope with stress during this coronavirus outbreak:

- 1. It is normal to feel sad, stressed, confused, scared, or angry during any crisis.
- 2. Talk to people you trust, and contact your friends and family.
- 3. If you must stay home, maintain a healthy lifestyle with proper diet, sleep, exercise, and social contact with loved ones via email, phone, etc.
- 4. Avoid smoking or using alcohol and other drugs to deal with your emotions.
- 5. Get the facts from credible sources such as the Center for Disease Control, World Health Organization, or local/state health agencies.
- 6. Limit worry and agitation through lessening time you spend watching media and the internet.
- 7. Draw on coping skills that have helped you in the past.
- 8. If you feel overwhelmed, talk to a health worker or counsellor, and have a plan to seek help for physical and mental health needs if required.

To see all of the upcoming events at River of Grass, please visit the calendar on our website at <u>riverofgrassuu.org/calendar.html</u>. **River of Grass UU Congregation** is on <u>Facebook</u> (LIKE us) and <u>Twitter</u> (FOLLOW Us). For more information, please contact <u>communityawareness@riverofgrassuu.org</u>.

Unsubscribe - If you do not wish to receive this weekly email, please send an email and we will remove you from the mailing list, office@riverofgrassuu.org.

Announcements to be sent out in the weekly congregation-wide update should be e-mailed or called into the congregation's office by 12 pm Wednesday. All announcements will pertain to congregational life and affiliated groups and will be for activities or events occurring within two weeks of the e-mail. Outside groups and individuals, wishing to use this vehicle of congregation-wide communication, must have the approval of the Board of Trustees.