

River of Grass

Unitarian Universalist Congregation
11850 W State Rd 84, Ste A9, Davie, FL 33325

WELCOME TO OUR RIVER OF GRASS FAMILY. WELCOME TO OUR WARMTH. WELCOME HOME!

River of Grass Weekly Update – March 21, 2024

Awakenings Reveal the Path

How many times have you discovered yourself and taken a road unintended? Or, opened yourself up to opportunities because of just where you were in life. Our speaker, Andrew Meit, will present his journey of challenges and aspirations.

Gather with us as we begin March's theme of "Awakening" this Sunday at 10:30! – either in person at the Old Davie Schoolhouse Heritage Hall or virtually on Zoom. Come a bit before and we can Chat before the service... See you then!

In person at:

- Our Sunday morning rental space is located at the Old Davie Schoolhouse
- 6650 Griffin Road, Davie, FL 33314 ([Click for Directions](#))
- Service will begin at **10:30 AM**
- Childcare will be provided.

Use the Zoom link below to gather with us virtually in Zoom. Catch us on Facebook live on our [Facebook page](#).

Join Zoom Meeting

<https://zoom.us/j/961564350?pwd=cFpKY2RtRk4wVE5NbDczdTU5THViQT09>

Meeting ID: 961 564 350; Password: 873805

Find your local number: <https://zoom.us/u/ab3E9JRtb9>

Upcoming In-Person or Virtual Events - This Sunday:

Sunday, March 24, 2024 - 10:30 AM

River of Grass UU Congregation – "Awakenings Reveal the Path" - Andrew Meit

<https://zoom.us/j/961564350?pwd=cFpKY2RtRk4wVE5NbDczdTU5THViQT09>

Faith Development for Kids and Youth:

This Sunday, in our Small Group for Kids, we're reminded that we're in the midst of a Holy Season for Muslims, Jews, and Christians alike. The Muslim Holy Month of Ramadan began earlier in March, the Jewish Holy Week of Passover is in a few weeks and the Holiest week of the Christian calendar begins on Sunday. We'll talk about the "Awakening" that occurs with each of these celebrations and what we as Unitarian Universalists can learn from them. For more information about our Faith Development program, contact our Director, Karen Gonzalez at ReligiousEducator@RiverofGrassUU.org.

Flowing River Sangha meditation on Sunday Mornings

The Flowing River Sangha meets on Sunday mornings at **8:30 AM via Zoom**. Come learn and practice the cultivation of present-moment awareness with an experienced meditator and group facilitator. Gary Gonzalez has been leading mindfulness meditation groups since 2014. Join us via Zoom at the following link: [Flowing River Sangha Zoom Link](#). We look forward to seeing you there. Peace.

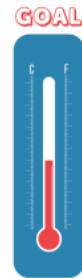
ANNUAL PLEDGE DRIVE - OPENING DOORS TO TOMORROW - March 3 - March 31



IT'S THAT TIME OF YEAR - PLEASE GET YOUR PLEDGE IN

77% of our goal has been reached
PLEDGES RECEIVED TO DATE:
\$174,216

GOAL \$225,000



HAVE YOU PLEDGED YOUR FINANCIAL TREASURE TO THE RIVER?



We are coming down to the wire in this year's Annual Pledge Drive and we still have a long way to go! No matter how little or how much you can give, every dollar counts!

Your talent and your treasure keep The River flowing and we can't do it without YOU.

The full brochure is on our website at riverofgrassuu.org, next to the [Pledge Card link](#). It includes messages from Rev Amy, Karen Gonzalez, Faith Development Director, and our Board President, Kathy Jens-Rochow, some guidance on giving, and a pledge card with a return envelope. The [digital pledge card](#) is the preferred way to let us know your wishes. With a few clicks, you are done! Or drop it in the Offering basket on Sunday morning.

You'll also see on the website the different payment options we have added this year. It's easy, quick and one of those options will make your recurring payments very easy.

We are in the budget phase of planning for next year. Please help us bring our plans to life at our new home on State Road 84 in Davie. If you did not receive a packet, please let us know; or if you have questions, we can be reached at stewardship@riverofgrassuu.org.

Leana Bresnahan and Rita Cherubini, Your 2024-25 APD Co-Chairs

Say what?

If you love social media or tech stuff, we can use your help.

We are organizing a team of a few people with the skills necessary to bring our communication methods into this century. To research various options and costs, consult with our Office Administrator, and present a plan to the Board. Interested? Please contact Kathy Jens-Rochow at president@riverofgrassuu.org.



Other Events:

Free "Mindfulness for Today's World" weekly online sessions:

Thursdays 6:00 - 7:00 pm for adults, [zoom link for Thursday at 6 pm](#)

For more information or to register contact Carolyn@InsightInstituteLLC.com or Scott@InsightInstituteLLC.com, or visit <http://www.insightinstitutellc.com/>



LifeNet4Families

Volunteering at the LifeNet4Families Food Bank - Saturday, Mar 23rd - Making a difference and healing injustice in our community is part of our River of Grass Mission, and volunteering at LifeNet4Families is one way to put that mission into action. LifeNet4Families serves approximately 5,000 individuals and families and provides 1.4 million meals annually. We help by volunteering in their pantry, dining room, and kitchen doing a variety of tasks. There's something for everyone to do!

Join us at our next LifeNet4Families Saturday Volunteer Day on **Mar 23rd from 8:30-10:30 am**. Sign up by emailing Linda Morgan Crain at SSJGT@RiverofGrassUU.org. Our upcoming Saturday LifeNet4Families volunteer days are Apr 27th, May 25th, and Jun 22nd.

RoG Men's Group - Will not be meeting this week. We will reconvene the first Thursday in April - April 4th. We will continue to meet **in person at 7:00 pm in Suite A9, 595 Park of Commerce**: The official address is 11850 SR 84, Suite A9, Davie, FL 33325 (GPS will get you to the 4-building complex. We're in the 1st Building, middle suite.) Our optional pre-meeting dinner will be at our own **Lester's Diner: 1393 NW 136th Ave, Sunrise, FL 33323**. We'll meet there at 5:30 pm. We are a lay-led group that looks to our members for discussion topics. All who identify as male are invited to join us! **Our next meeting is Apr 4th, from 7:00 to 8:30 PM**, in person or via [Zoom Meeting](#). If you're joining us for dinner, please email Ken Bresnahan, group facilitator, so he can coordinate space.) The Zoom Meeting Room will open at 7:00 pm— questions: contact Ken; at mensgroup@riverofgrassuu.org.

"Spring Cleaning" for our overly busy minds:

A FREE 4-Week "Intro to Mindfulness Course" starts **Apr 10th via Zoom and in-person** (West Melbourne, FL). Tap into your inner resources and participate in lively discussions. A variety of meditation practices and mindfulness activities will be shared, such as mindful movement, breath meditation, compassion practice, and more! Register today to hold your spot. Use the QR Code in the image below or email Scott@insightinstitutellc.com. Free to all because we believe it is that important in today's world. Carolyn Sant Angelo and Scott May



Intro to Mindfulness

Free 4-Week Course

A "Spring Cleaning" for our overly busy minds

- Take time for yourself
- Clear out what doesn't serve you anymore
- Discover more peace

Wednesdays
5:30 - 7pm ET

April 10 - May 1

via Zoom

Scan QR or email to register



Scott@insightinstitutellc.com
954-646-0234

SSJGT, Service and Social Justice Green Team, Green Tip of the Week: Use efficient lighting. Resist temptations to buy "old fashion" light bulbs, and instead replace bulbs with compact fluorescent or LED. It may cost more upfront, but they use less electricity, produce less heat, reduce your electric bill, and often last year's longer.

To see all of the upcoming events at River of Grass, please visit the calendar on our website at riverofgrassuu.org/calendar.html. River of Grass UU Congregation is on [Facebook](#) (LIKE us) and [Twitter](#) (FOLLOW Us). For more information, please contact communityawareness@riverofgrassuu.org.

Unsubscribe - If you do not wish to receive this weekly email, please send an email and we will remove you from the mailing list, office@riverofgrassuu.org.

Announcements wishing to be sent out in the weekly congregation-wide update should be e-mailed to WeeklyEmail@RiverofGrassUU.org by noon Wednesday. All announcements will pertain to congregational life and affiliated groups and will be for activities or events occurring within two weeks of the e-mail. Outside groups and individuals, wishing to use this vehicle of congregation-wide communication, must have the approval of the Board of Trustees.

River of Grass UU Congregation
6650 Griffin Rd, Davie, FL 33314 (Sunday Morning Service Location)
11850 W State Rd 84, Ste A9, Davie, FL 33325 (Office & Mailing Location)
954.723.7877 - office@riverofgrassuu.org