# **River of Grass**

Unitarian Universalist Congregation 11850 W State Rd 84, Ste A9, Davie, FL 33325

WELCOME TO OUR RIVER OF GRASS FAMILY. WELCOME TO OUR WARMTH. WELCOME HOME!

River of Grass Weekly Update – January 4, 2024

## "If I Were Brave: A Shredder Communion"

What if we're all meant to do what we secretly dream? What would you ask if you knew you could have anything? Like the mighty oak sleeps in the heart of a seed Are there miracles in you and me? – Jana Stanfield

As we gather for our first service of the New Year, we begin January's journey of Courage with our annual New Year service centered on rituals guiding us to reflect on what parts of our lives, our notions, ourselves, our community we must leave behind as we take up what lies ahead – asking, what would I do if I were brave?

Come, let us be brave together this Sunday at 10:30! – either in-person at the Old Davie Schoolhouse Heritage Hall or virtually on Zoom. We welcome you on Sunday morning at 10:30. Come a bit before and we can Chat prior to the service... See you then!

In person at:

- Our Sunday morning rental space is located at the Old Davie Schoolhouse
- 6650 Griffin Road, Davie, FL 33314 (<u>Click for Directions</u>)
- Service will begin at **10:30 AM**
- Childcare will be provided.

Use the Zoom link below to gather with us virtually in Zoom. Catch us on Facebook live on our <u>facebook</u> <u>page</u>.

### Join Zoom Meeting

https://zoom.us/j/961564350?pwd=cFpKY2RtRk4wVE5NbDczdTU5THViQT09 Meeting ID: 961 564 350; Password: 873805 Find your local number: https://zoom.us/u/ab3E9JRtb9

Upcoming In-Person or Virtual Events - This Sunday: Sunday, January 7, 2024 - 10:30 AM

**River of Grass UU Congregation** – If I Were Brave: A Shredder Communion - Rev. Amy Carol Webb https://zoom.us/j/961564350?pwd=cFpKY2RtRk4wVE5NbDczdTU5THViQT09

#### Faith Development for Kids and Youth:

This Sunday, in our Small Group for Kids, we'll be following the lead of the god, Jannus as he looks back and looks forward. We'll reflect on the material gifts that came into our lives most recently that social media and society told us would make us happy. And, we'll look to our faith for another view, asking not "what can I get?" but "what can I give?" We'll talk about how being generous with our attention, kindness and help gives people the greatest gift: hope! For more information about our Faith Development program for kids and teens, contact our Director, Karen Gonzalez at <u>ReligiousEducator@RiverofGrassUU.org</u>.

#### Flowing River Sangha:

**The Flowing River Sangha is back!** We'll meet **Sunday mornings at 8:30 am** under the Old Davie Schoolhouse pavilion while our new space is being renovated. Come learn and practice the cultivation of present-moment awareness with an experienced meditator and group facilitator, Gary Gonzalez, who has been leading mindfulness meditation groups since 2014. There will be cool air provided by a portable misting fan. It's a BYOC event (bring your own cushion or chair) every Sunday morning at 8:30. You are also welcome to join via Zoom at the following link: <u>Flowing River Sangha Zoom Link</u>.

#### Membership Matters:

**CELEBRATING OUR 25TH ANNIVERSARY** – Did you know that River of Grass will celebrate its 25th Anniversary in February 2024? We are planning a big multi-day inspirational and celebratory bash that focuses on where we have been (heritage) and where we will go next (hope). We will include our annual auction as part of the celebration, live music by our fabulous musicians, AND an envisioning meeting to chart the future course of The River together. Please put Feb 16<sup>th</sup> (Friday), Feb 17<sup>th</sup> (Saturday) and Feb 18<sup>th</sup> (Sunday) on your calendars! Many more details will follow and there are many ways to get involved. Please email Leana at membership@riverofgrassuu.org or call 954-258-6315 if you would like to be part of the planning team.

#### **Other Events:**

#### Free "Mindfulness for Today's World" weekly online sessions:

Thursdays 6:00 - 7:00 pm for adults, <u>zoom link for Thursday night at 6 pm</u> For more information or to register contact <u>Carolyn@InsightInstituteLLC.com</u> or <u>Scott@InsightInstituteLLC.com</u>, or visit <u>http://www.insightinstitutellc.com/</u>

**RoG Men's Group** – We will continue to meet **in person at 7:00 pm in Suite A9, 595 Park of Commerce:** official address is 11850 SR 84, Suite A9, Davie, Fl 33325 (GPS will get you to the 4-building complex. We're in the 1st Building, middle suite.) Our optional pre-meeting dinner will be at our own **Lester's Diner: 1393 NW 136th Ave, Sunrise, FL 33323**. We'll meet there at 5:30pm. We are a lay-led group that looks to our members for discussion topics. **This week's topic:** *Renewal*. All who identify male are invited to join us! We are meeting tonight, **Thursday, Jan 4<sup>th</sup>, 7:00 to 8:30 PM**, in person or via <u>Zoom Meeting</u>. If you're joining for dinner, please email Ken Bresnahan, group facilitator, so he can coordinate space.) The Zoom Meeting Room will open at 7:00 pm. Questions: contact Ken; <u>mensgroup@riverofgrassuu.org</u>.

The Women's Group will be meeting next Sunday, Jan 7<sup>th</sup>, at 7:00 PM. We will be multi-platform, meeting both in

person and virtually. Our topic will be "Sowing the seeds in our 2024 garden. What do you want to grow in your garden this year?" Our definition of "women" is expansive and includes anyone who feels that they belong in this space, including those who identify as nonbinary. The purpose of this group is to deepen our personal connections through shared discussions.



Listening to each person's experience. For more information or the link, contact Kathy Jens-Rochow at womensgroup@riverofgrassuu.org.

*SSJGT, Service and Social Justice Green Team, Green Tip of the Week:* Take an "electronics day off". Turn off the TV, stay off Facebook, no internet. Just grab a book, take a walk, or speak with loved ones. It's healthy and it's green!

To see all of the upcoming events at River of Grass, please visit the calendar on our website at <u>riverofgrassuu.org/calendar.html</u>. **River of Grass UU Congregation** is on <u>Facebook</u> (LIKE us) and <u>Twitter</u> (FOLLOW Us). For more information, please contact <u>communityawareness@riverofgrassuu.org</u>.

*Unsubscribe* - If you do not wish to receive this weekly email, please send an email and we will remove you from the mailing list, <u>office@riverofgrassuu.org</u>.

Announcements to be sent out in the weekly congregation-wide update should be e-mailed to <u>WeeklyEmail@RiverofGrassUU.org</u> by 12 pm Wednesday. All announcements will pertain to congregational life and affiliated groups and will be for activities or events occurring within two weeks of the e-mail. Outside groups and individuals, wishing to use this vehicle of congregation-wide communication, must have the approval of the Board of Trustees.

River of Grass UU Congregation 6650 Griffin Rd, Davie, FL 33314 (Sunday Morning Service Location) 11850 W St Rd 84, Ste A9, Davie, FL 33325 (Office & Mailing Location) 954.723.7877 - <u>office@riverofgrassuu.org</u>